

The book was found

# Week In A Day



## Synopsis

Wondering what to make for dinner tonightâ™ and for the rest of the week? Hereâ™s an easy way to prepare a weekâ™s worth of meals, for yourself or the whole family, in just one day. Relax with a tasty meal after a busy day. Enjoy your evenings around the dinner table with your friends and family. Sound too good to be true? Not if you plan your Week in a Day. Rachael Rayâ™s Week in a Day, the companion book to her hit cooking show of the same name, offers more than two hundred recipes that will help you prepare five nightsâ™ worth of meals in a single day. The woman who taught America how to make a meal in 30 minutes is sharing more of her practical and easy tips that will have you eating well for days to come! Each week features its own theme, including From a Taco to Morocco, A Chicken in Every Pot, and Stew on This, allowing your taste buds to travel around the world with dishes such as Chicken and Chorizo Spanish Enchiladas, Argentine Chili with Chimichurri, and Zinfully Delicious Short Ribs. In addition, Rachael shows you how to fit all the groceries you need for three fabulous meals into a single bag with her special section, 1 Grocery Bag, 3 Meals. And you can enjoy bonus content and extra recipes for side dishes by scanning the QR codes displayed throughout. When the weekend rolls around, this book has everything you need to get ready for your Week in a Day. Come Monday night, youâ™ll be glad you did!

## Book Information

Paperback: 368 pages

Publisher: Atria Books; First Edition edition (October 22, 2013)

Language: English

ISBN-10: 145165975X

ISBN-13: 978-1451659757

Product Dimensions: 7.4 x 1 x 9.1 inches

Shipping Weight: 13.4 ounces

Average Customer Review: 3.9 out of 5 starsÂ Â  See all reviewsÂ  (105 customer reviews)

Best Sellers Rank: #124,361 in Books (See Top 100 in Books)   #30 inÂ Books > Cookbooks, Food & Wine > Cooking Methods > Large Quantities   #162 inÂ Books > Cookbooks, Food & Wine > Entertaining & Holidays > Seasonal   #565 inÂ Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy

## Customer Reviews

Here's the good news. Rachel Ray is one of the most talented recipe creators around. This book is no exception. The food here looks and reads delicious. The book is also beautifully illustrated with

photographs of completed meals. The food, as advertised, is mostly "make ahead." So why only three stars? With a title like *Week in a Day* I was expecting a week of recipes that used many of the same ingredients and were easy for a busy home cook shop for and put together easily. This book, which contains a list of cooking days, each with a list of five recipes might better be titled "Week in a Very Long Day." Even very experienced cooks, used to cooking ahead will find a Sunday spent cooking these recipes all together, very long. Most weeks contain just a few recipes that truly help one another. For example, Week 1 starts out with pork tacos and ends with pork ragu. Okay that works. But in the middle come Crab Cake Mac and Cheese, meatloaf and a ratatouille, all of which use different proteins, many ingredients which don't overlap and require different timing. And don't get me started on the clean-up. I'm exhausted just thinking about it as no effort is made to consolidate. Most cookbooks with a make-it-in-one-day title, contain strategies for organizing a day of cooking, such as chopping onions for three recipes at the same time, or even saut ing them together. This book contains no such strategies and it's not clear why the reader should want to make them during the same week. The book also lacks shopping lists. The cheery introduction lists "Make a shopping list" in the READ ME FIRST! Section. Is this the same cook who gave us ingenious 3 in 1 recipes? The one who wrote the fantastic No Repeats book?

I have been waiting months for Rachael Ray's *Week in a Day* to come out. The idea is that one spends a day cooking (a Cook Day) to be rewarded with 5 delicious meals for the week ahead. It sounds terrific to this working mom of two tiny children but in actuality, the book doesn't deliver as well as I hoped. The book is divided into 43 weeks of 5 dish menus. Each week has its own theme: five fiesta favorites; meatlover's lane; a chicken in every pot; hearty classics, Thanksgiving anytime, etc. After that comes 4 foundation recipes (poached chicken, parmigiano-herb stock, roasted tomatoes, and pulled pork) that you use frequently. Then the final section is 1 Grocery Bag, 3 Meals in which you are given 8 grocery lists that promise three hearty meals utilizing only one sack of groceries. Don't get me wrong. I think the food is delicious and hearty. I cook everything from Food Network classics to Thomas Keller. I think Ray's food has improved steadily over the years and does deliver. The problem? I can't imagine utilizing many of these menus on a Cook Day to deliver meals later in the week. The recipes all have a common theme but most of the time that theme means cooking lots of different proteins and utilizing new ingredients with each dish. It isn't cost-effective and goodness knows, I don't own enough pots, pans, and kitchen implements to make all five recipes in a day. Ray says she frequently spends a good 5-6 hours cooking up a week's worth of meals. I can't see myself making 5 of most recipes in these menus in under 5-6

hours. The interruption of cleanup between recipes would make it an all day ordeal. I fully realize you have to spend some time in the kitchen to make good food, and her recipes are good.

[Download to continue reading...](#)

Week-by-Week Homework for Building Reading Comprehension & Fluency: Grade 1

(Week-by-Week Homework For Building Reading Comprehension and Fluency) 21 DAY FIX: 30

Top 21 DAY FIX RECIPES with complete container count PREP IN 15 MIN OR LESS (21 day fix recipes, 21 day fix cookbook, 21 day fix book) WEBSITE ANALYTICS: Week #6 of the 26-Week

Digital Marketing Plan [Edition 3.0] The Week-by-Week Vegetable Gardener's Handbook: Make the Most of Your Growing Season The Medical School Admissions Guide: A Harvard MD's

Week-By-Week Admissions Handbook Diabetes Weight Loss: Week by Week: A Safe, Effective Method for Losing Weight and Improving Your Health The Yoga of Pregnancy Week by Week:

Connect with Your Unborn Child through the Mind, Body and Breath My Twin Pregnancy Week by Week: The Ultimate Planner for Moms Expecting Twins Organize Now! Think and Live Clutter Free:

A Week-by-Week Action Plan for a Happier, Healthier Life 52-Week Hockey Training (52-Week Sport Training Series) Triathlete Magazine's Essential Week-by-Week Training Guide: Plans,

Scheduling Tips, and Workout Goals for Triathletes of All Levels New Word A Day: 365 New Words A Day - One word for each day! Every Day a Friday: How to Be Happier 7 Days a Week

Williams-Sonoma Pizza Night: Dinner Solutions for Every Day of the Week Tea Cleanse: 7 Day Tea Cleanse Diet: How to Choose Your Detox Teas, Boost Your Metabolism, Lose 10 Pounds a Week

and Flush Out Toxins (Tea Cleanse, Tea ... Tea Cleanse Diet, Weight Loss, Detox) Tea Cleanse: 7 Day Tea Cleanse Diet Plan: How To Choose Your Detox Tea's, Shed Up To 10 Pounds a Week,

Boost Your Metabolism and Improve Health (Tea Detox, ... Body Cleanse, Detox Tea, Flat Belly

Tea) Week in a Day Low Carb Freezer Meals: 30 Healthy Meals to Choose and Prepare in One Day for the Whole Week to Save Your Time and Money (Microwave Cookbook & Quick and Easy Meals)

Low-Carb Freezer Meals Box Set (6 in 1): Healthy Meals to Choose and Prepare in One Day for the Whole Week (Low Carb & Microwave Meals) Natalie Jill's 7-Day Jump Start: Unprocess Your Diet

with Super Easy Recipes; Lose Up to 5-7 Pounds the First Week!

[Dmca](#)